

# Douglas Park School January 2017 Newsletter

## Upcoming Events...

Jan. 9<sup>th</sup>: Mrs. Fraser's Grade 3 swimming lessons at 12:45-2:15 at Sandra Schmirler Leisure Centre; Ms. Carnochan Grade 3 swimming lessons at 1:25-3:00 at SSLC; Healthy Hunger lunch orders & payments can be made online

Jan. 10<sup>th</sup>: Rocks and Rings in the AM for Grades 1 & 2

Jan. 11<sup>th</sup>: Mrs. Fraser & Ms. Carnochan's Grade 3 swimming lessons in PM; SCC Meeting at 6:30

Jan. 12<sup>th</sup>: Skating at the Al Ritchie Arena in PM for Grade 7's; Students in the DC Program are swimming in PM

Jan. 13<sup>th</sup>: Ms. Geiss Grade 1 on outdoor ed trip in PM

Jan. 16<sup>th</sup>: Rocks and Rings Curling Program for Grades 2/3-5; Mrs. Fraser & Ms. Carnochan's Grade 3 swimming in PM; CREATE for Grade 4 in PM; Family Literacy Bingo Cards sent home PreK to Grade 3

Jan. 17<sup>th</sup>: Day of Pink T-shirt orders are due

Jan. 18<sup>th</sup>: Mrs. Fraser & Ms. Carnochan's Grade 3 swimming lessons in PM; Skating at the Al Ritchie Arena in PM for Grade 6's

Jan. 19<sup>th</sup>: Students in the DC Program are swimming in PM

Jan. 20<sup>th</sup>: William Prince is presenting to Grades 4-8 in the gym in AM

Jan. 23<sup>rd</sup>: Mrs. Fraser & Ms. Carnochan's Grade 3 swimming in PM; students in the DC program are bowling in AM

Jan. 24<sup>th</sup>: Books can be collected for Book Swap; Skating at the Al Ritchie Arena in AM for Grade 5's; Balfour Collegiate Basketball tourney (2:30 is our first game)

Jan. 25<sup>th</sup>: Mrs. Fraser & Ms. Carnochan's Grade 3 swimming in PM; PCM Students' conference at 12:45; Grade 8 Parents' meeting at 6:30PM

Jan. 26<sup>th</sup>: Healthy Hunger lunch; Learning Assembly at 10:45 AM; House League Team Colours Day; GymBlast for LC3; Students in the DC Program are swimming

Jan. 27<sup>th</sup>: No School for students – Professional Development Day for staff; Family Literacy Day

Jan. 30<sup>th</sup>: CREATE for Grade 4; ; Ms. Carnochan's Grade 2/3 on outdoor ed trip in PM

Jan. 31<sup>st</sup>: Dental Sealant program until Feb. 3<sup>rd</sup>; SCC Book Swap

Feb. 1<sup>st</sup>: Progress Report Cards for Term #1; Family Literacy Bingo Cards are due

## Literacy and Learning



Mrs. L. Frei - Principal  
Mrs. T. Duke - Vice-Principal

### A Foundation for Success

January is family literacy month - celebrating families sharing the joy of reading and literacy together. Spending just 15 minutes a day to read or do a learning activity with children can improve their literacy skills dramatically. And, held annually on January 27 is Family Literacy Day, a national awareness initiative created by ABC Life Literacy Canada to raise awareness of the importance of reading and engaging in other literacy-related activities as a family. Find out more at: [www.abc.literacy.ca/family-literacy](http://www.abc.literacy.ca/family-literacy). We will be having our annual Family Literacy Bingo contest (PreK to Grade 3) from Jan. 16<sup>th</sup> to 31<sup>st</sup>. Bingo Cards are due back to the office on Feb. 1<sup>st</sup> to be eligible for prizes.

*As parents, you can do so much to encourage your kids to read. Here are 10 simple things you can do to help:*

1. Make reading materials available to your kids (books, magazines, comics, e-books). Find out what they might like to read. Use their interests and hobbies as starting points.
2. Look to involve your child in activities that require reading such as following a recipe or tackling instructions for a kit-building project.
3. Take your children to the library regularly and explore the children's section together.
4. Play games with your kids that are reading-related. Find spelling games played with letter

tiles or board games that require players to read cards and instructions.

5. Set aside a regular time for reading in your family, in addition to schoolwork. This could be 20 minutes before lights out, just after dinner, or whatever fits into your household schedule. As little as 15 minutes of free reading a day can help improve your child's skills and habits.
  6. Read aloud to your child and if age-appropriate, set aside time for bed-time stories. You can also have your child read to you.
  7. On gift-giving occasions, always include a storybook, novel, comics or magazines based on your child's interests.
  8. Set aside a special place for children to keep their own books. Consider creating a book nook in your home.
  9. Extend your child's positive reading experiences with a special outing. For example, if you child has enjoyed a book about dinosaurs, follow up with a visit to the museum.
  10. Don't limit reading to books. Encourage your child to read menus, advertising signs, road signs, grocery flyers, and food labels - to you. Take advantage of your family's everyday life for countless reading opportunities.
- This article is borrowed from: <http://www.Toronto4kids.com/January-2016/January-is-Family-Literacy-Month/>

## Winter Weather is here!

January is usually the coldest month of the year. Please remind your children to dress appropriately for the weather conditions. Outdoor recesses will continue (-25 degrees Celsius is the determining temperature for indoor recesses). Please clearly label your child's winter clothing items with his/her name. The Polar Bear Club (students in K to Grade 5 with signed permission notes) will have the option to go outside on the cold days for recesses. Also, we encourage families to drop off and pick up students on the 20<sup>th</sup> Avenue access so that we minimize congestion in the front of the school and allow adequate space for the wheelchair buses and taxis. Please be extra careful when dropping students off since we all need to ensure student safety. The front doors are always unlocked for students arriving late or when the doors may be locked due to indoor recess times.

## Our sincere appreciation

Thank you to all the students, parents and families for supporting our Winter concert performances, candy cane sales, festive clothing days and the many other events in December. From our Trinket Treasure sale, we raised and donated \$600.00 to the Saskatchewan Children's Hospital. A special thank you to two DP grandmothers, Lorraine Degenhardt and Christine Wilkie for helping wrap gifts all day for us!



Sales are...  
Tuesdays for LC1  
Wed. for LC2  
Thursdays for LC3  
For \$3.00 each



### Progress Reports Term #1

Parent Portal (<https://powerschool.rbe.sk.ca/public>) is open online at any time for parents/guardians (Grades 1-8) to monitor your child's assignments, grades and attendance. With Regina Public School Division's recent changes to the progress reporting timelines, the Progress Reports for Term #1 will be issued on Wednesday, February 1<sup>st</sup>. Students in Grades K-8 will have scheduled 3-Way on Friday, March 24<sup>th</sup> all day, students will not have regular classes on this day. Some kindergartens will also have conferences on March 23<sup>rd</sup>. Please note that all kindergarten students will not have school on March 23<sup>rd</sup> and 24<sup>th</sup>.

### Congratulations to our DP Staff

Congratulations to Ms. K. Carnochan who got married to Mr. T. Fazakas on December 10<sup>th</sup> and Mr. K. Brown married Ms. A. So on December 23<sup>rd</sup>. Congrats to Mrs. M. Dawe who had her third boy, Conor, born on December 8<sup>th</sup> and weighed 9lbs. 11oz and was 21½ inches long.

### University of Regina Interns

We were very fortunate to have had four outstanding interns at our school this past fall. We wish all the best to them as they continue their career in teaching. Ms. M. Brown (Grade 2) and Ms. A. Tandler hope to be on the RBE sub list in January. Ms. S. Rohde and Ms. P. McNabb will be finishing their last semester at the U of R. We would like to welcome Ms. T. Stauch who will be interning with Mrs. D. Yuhasz in Grade 1 from January to April.

### Basketball Season... Go Lions Go!

Our girls and boys basketball teams have been practicing and preparing for another great season of competition and skill development. Thanks to our coaches: Boys team - Ms. L. Geiss and Mr. K. Wallace (community volunteer) and the girls' coaches are Mr. N. Wagner and Ms. J. Wakelam.

### We are on the web...

Please check our school website: <http://douglaspark.rbe.sk.ca/> for weekly updates and school news.

### Kindergarten Registration for Fall 2017

Children who will be 5 years of age by December 31<sup>st</sup>, 2017 and live in the Douglas Park School boundaries (please see the RBE website for boundary changes) are eligible to attend Kindergarten in September 2017. Please call the office at 306-523-3720 or stop by to get more information. We will need a copy of the birth certificate and immunization records.

### SCC News

The next SCC meeting is on Wednesday, January 11<sup>th</sup> at 6:30 PM and ALL parents are welcome to attend. The SCC is hosting the annual Read-A-Thon (more info to follow). They are also providing a Book Swap on January 31<sup>st</sup>. Bring in books and take another few home!

### Perfect Attendance

Thank you to our students and families for continuing to strive for perfect attendance each month. When students attend school on a regular basis, they benefit from the excellent instruction of our teachers and the social interactions that support learning. December had 210 students who were here each and every day! Well done everyone!

### Day of Pink

We are pleased to provide an opportunity for our students, staff and parents to purchase their own *Day of Pink* T-shirt for the cost of \$8.00 each. The order forms will be sent home on January 9<sup>th</sup> and due back with payment by Jan. 17<sup>th</sup>. The Red Cross *Pink Day* in Regina Public Schools is scheduled for Thursday, February 16<sup>th</sup>, 2017. However, the Day of Pink in Saskatchewan is February 22<sup>nd</sup>, but we are away from school that particular day due to the Winter Break. We will be encouraging everyone to wear pink on this day OR a *Day of Pink* t-shirt and show the world that we can imagine no bullying. It takes a year-round, whole community approach, but together we can help stop bullying behaviour. Red Cross *Day of Pink* is a day to bring awareness to bullying issues in Saskatchewan and encourage others to join the movement for positive, healthy relationships.

### Mathletics

We encourage all students from grades 1-8 to use Mathletics at home and school to help improve math skills. Each student has a login account number and can readily access it at home to continue with their assignments from school.

### Balfour Collegiate Grade 8 Students and Parents Open House

Grade 8 students and parents are invited to join the Balfour Collegiate staff at the Grade 9 Open House Information Night on Tuesday, March 7<sup>th</sup> at 7 PM.

### Grade 8 Parents Information Night

On Wednesday, January 25<sup>th</sup> at 6:30 PM, we are hosting a planning meeting for the parents of our Grade 8 students to discuss the Grade 8 Outdoor School (June 6-8) and Farewell Activities (June 27<sup>th</sup>).

### Special Lunches

We are encouraging families to order the special lunches online at <https://www.healthyhunger.ca/> The payment option is available online. If you would prefer a paper copy, you may request one at the office. January 26<sup>th</sup> is our Subway lunch. Orders and payment are due January 19<sup>th</sup>.



# QUESTIONS TO ASK ABOUT READING

## AUTHOR'S PURPOSE

- Is the author trying to persuade, inform, or entertain the reader?
- What message does the author want the reader to know?
- Why did the author write this piece?

## ASKING QUESTIONS

- What questions do you have about what you read?
- What is something that you would ask the author?
- What else would you like to know about this topic?
- What do you think was the most important part?

## MONITORING YOURSELF

- What background knowledge do you have that relates to this text?
- Did you ask yourself questions as you read?
- Did you reread sections that were difficult?
- What did you do when you came to a word you didn't know?

## INFERENCE

- What is a generalization you can make about the main character?
- What is something you can figure out about the story that the author didn't tell you?

## SUMMARY & MAIN IDEA

- What is the main idea? What are two supporting details?
- What would be a good title for this selection?
- What happened at the climax of the story?
- Write a summary including beginning, middle, and end.

## CONNECTIONS

- What does this passage remind you of?
- What is another book you have read that has something in common with this one?
- What books have you read that have a similar theme or message?
- What is something you have learned this year that relates to the story?

(C)TeachingintheFastLaneLLC2014

### Playground Conflict Managers

We are proud of our 43 Grade 5 students who were trained and assist at recess times to assist younger students with minor conflicts. We appreciate their dedication, time and willingness to demonstrate how to problem solve in a peaceful manner. Thanks to Mrs. Putz and Ms. Ochitwa for their leadership with the PCM and will be taking these students to a division wide conference on the afternoon of January 25<sup>th</sup>.

### Lost and Found items

Please have your children check through the lost and found items to claim their belongings. We will have the items out on display until January 13<sup>th</sup> and then we will donate everything to a local charity. We highly encourage students to have their name clearly labelled on their clothing items, boots, shoes, lunch kits and backpacks.

### Parking and dropping off zones

Please be advised that the City of Regina Parking Enforcement Officers have been issuing tickets when people are parked or stopped within the restricted areas as indicated by signage. We do realize that parking is limited around the school zones. However, the City of Regina sets those boundaries and bylaws for each school. Also, the Regina City Police are monitoring speed limits as well in the School Zones in the morning and after school.



### No School for Students on the following dates:

- Friday, January 27th - Professional Development Day for Staff
- Friday, February 10th - Professional Development Day for Staff
- Monday, February 20th to 24th inclusively - Winter Break
- Thursday, March 16th - Professional Development Day for Staff
- Friday, March 17th - Teachers' Convention
- Friday, March 24th - Student-Parent-Teacher Conferences all day
- Friday, April 14th to 21st inclusively - Good Friday and Easter/Spring Break
- Friday, May 19th - Professional Development Day for Staff
- Monday, May 22nd – Victoria Day – no school for students and staff
- Friday, June 9th - Professional Development Day for Staff
- Friday, June 30th - Teacher Preparation Day

\*Please note, the last day of school is Thursday, June 29<sup>th</sup>



## PARTICIPACTION 150 PLAY LIST

It's time to celebrate Canada's 150th birthday, and we've got the ultimate Play List to get you moving – 150 activities that define our land and people – from sledge hockey to lacrosse to snow shoveling and more. So get out there, try as many as you can, track your activities online and earn chances to win great prizes!

<https://www.participaction.com/en-ca/peptalk/lifestyle-culture/the-participaction-150-play-list-revealed> Register at [participACTION.com/150](http://participACTION.com/150)

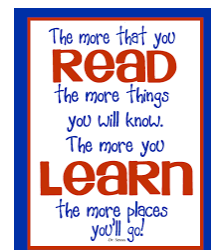


Why we read...

I read because...

I like to read about...

I read to ...





## Cold Weather Transportation Procedures

If the wind chill is  $-45^{\circ}\text{C}$  or higher at 7:00 a.m., all student transportation will be cancelled.

If the wind chill is  $-40^{\circ}\text{C}$  or higher at 7:00 a.m., transportation for students requiring vehicles equipped with lifts (for students in wheelchairs) will be cancelled.

All schools will remain open, unless otherwise notified.

In the event of any cold weather/wind chill cancellations, parents will be notified by school connects telephone or text notification system.

In the event of a transportation system-wide transportation cancellation or school closure due to weather, all local Regina TV, newspaper and radio outlets will broadcast this information both on the web and on the air.

Information will also be tweeted by @RegPublicSchool, and announced at [www.rbe.sk.ca](http://www.rbe.sk.ca) in the Important Announcement section.

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Dear Parents, Students and Staff:

I am writing to you with an update on the Saskatchewan Lung Health Study, a research project being completed with the University of Saskatchewan. This study started in spring 2013 when we sent surveys home for parents to complete. In these surveys we asked questions about lung health and various exposures. Surveys were completed and returned for over 3500 children from across the province. We followed these surveys up with additional lung function testing, skin prick allergy testing, and exercise testing starting in winter 2015 to spring 2016. I am happy to announce we have now completed the data collection for the Saskatchewan Lung Health Study.

Since the completion of data collection in spring 2016, we have worked on analyzing the data. This includes comparing asthma and other lung health indicators across an urban-rural gradient, looking at the risk factors for asthma in different regions of the province, investigating diagnostic issues, investigating severity of asthma, and examining the relationship between indoor environmental measures with asthma and asthma severity. In addition to this, some of the data has been used as part of an international study comparing asthma and other lung health indicators in Canada to countries in Europe. We are very close to releasing results on several of these investigations. As we finalize these results, we will work with school divisions to inform you of the results.

Most importantly, I wish to thank all of the students, parents, teachers, and staff who took part and who supported this project over the past few years. Without your support and involvement, we would not have been able to complete this study.

Please do not hesitate to contact me if you have any questions about this study.

Sincerely,

Josh Lawson, PhD  
College of Medicine  
University of Saskatchewan  
Email: [josh.lawson@usask.ca](mailto:josh.lawson@usask.ca)

The Board of Education of the Regina  
School Division No. 4 of Saskatchewan

invites the public to attend its

# Annual Meeting

**Tuesday, January 31, 2017  
7:00 p.m.**

Regina Public School Division Office  
1600 4<sup>th</sup> Avenue

Copies of the 2015-16 Annual Report and the  
2015-16 Audited Financial Statements can be viewed at  
[www.rbe.sk.ca/board-education/board-documents](http://www.rbe.sk.ca/board-education/board-documents),  
where more information about  
Regina Public Schools is also available.



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